

**UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF IDAHO**

Securities and Exchange Commission,	Case No. CV-09-075-E-EJL
and	
Commodity Futures Trading Commission	Case No. CV-09-076-E-EJL
vs.	
Daren L. Palmer and Trigon Group, Inc.	

PROOF OF CLAIM FORM

Trigon Group, Inc., Daren Palmer, Duane Yost

Please review the attached "Instructions" for information on how to complete this form.

Deadline:	All Proof of Claim Forms must be returned to the Receiver by
------------------	---------------------------------------------------------------------

Mail to:	Trigon Claim Form
	Wayne Klein, Receiver
	299 South Main, Suite 1300
	Salt Lake City, UT 84111
	Note: Do not mail the claim form to the court.

A.	Claimant Information	Response
1.	Contact Information	
	Claimant Name	
	Joint Holder/Investor	
	Address	
	City, State, Zip	
	Phone Number	
	Mobile Phone	
	E-Mail Address	
	Tax Identification Number	
2.	Entities: If any of the investments were made by an entity, list all persons who directly or indirectly hold beneficial interests in the entity and their share of ownership.	
3.	Affiliation/Relationship: <i>Attach an explanation for any "yes" answers.</i>	
	Are you related to Daren Palmer or Duane Yost?	
	Have you been a business partner with Palmer or Yost, assisted in the creation of companies they managed, or been a signatory on any bank accounts they held?	

		Have you ever received financial support from Palmer or Yost, such as salary, loans, or gifts of money or property?			
	4.	Sales Activity: Did you solicit others to invest in Trigon or did you receive compensation as a result of others investing with Trigon?			
	5.	Type of Claim			
		<u>Trigon Investor?</u> Did you pay money to Trigon Group, Inc., Daren Palmer, or a company controlled by Palmer?			
		<u>Yost Investor?</u> Did you pay money to Duane Yost or a company controlled by Yost?			
		<u>Non-Investor Creditor?</u> Do you claim that Trigon Group, Inc. owes you money for something other than an investment?			
B. Investor Claim Information					
	1.	Funds Given to Palmer/Trigon. <i>List the amount and date of each payment given directly to Trigon or Palmer for investment purposes. (Do not include monies given to Duane Yost.)</i>	Amount	Date	What documents are enclosed?
		First investment			
		Second investment			
		Third investment			
		Fourth investment			
		Fifth investment			
		<i>Are additional sheets enclosed with more investments?</i>			Yes/No:
		Total amount given to Palmer/Trigon			
	2.	Monies Received from Trigon/Palmer. List the amount and date of each payment you received from Trigon or Palmer. This includes interest payments, withdrawals, and expenses paid by Palmer to others for you.	Amount	Date	What documents are enclosed?
		First payment			
		Second payment			
		Third payment			
		Fourth payment			
		Fifth payment			
		<i>Are additional sheets enclosed with more payments?</i>			Yes/No:
		Total amount received from Palmer			

3.	Net Investment Results - Palmer			
	What is the net results of your investment with Trigon and Palmer? In most cases, this will consist of the total amount of investments minus the total amount you were paid.			
4.	Funds Given to Yost/Yost Companies. <i>List the amount and date of each payment given directly to Duane Yost or one of his companies.</i>	Amount	Date	What documents are enclosed?
	First payment			
	Second payment			
	Third payment			
	Fourth payment			
	Fifth payment			
	<i>Are additional sheets enclosed with more investments?</i>			Yes/No:
	Total amount given to Yost			
5.	Monies Received from Yost and his companies. List the amount and date of each payment you received. This includes interest payments, withdrawals, and expenses paid by Yost to others for you.	Amount	Date	What documents are enclosed?
	First payment			
	Second payment			
	Third payment			
	Fourth payment			
	Fifth payment			
	<i>Are additional sheets enclosed with more payments?</i>			Yes/No:
	Total amount received from Yost			
6.	Net Investment Results - Yost			
	What is the net results of your investment with Yost and his companies? In most cases, this will consist of the total amount of investments minus the total amount you were paid.			
C.	Claims for Non-Investor Debts			
1.	Nature of Claim	Explanation		
	Explain the nature of the claim you have against Trigon Group. <i>Attach additional pages as necessary.</i>			

	Explain the reasons you believe this claim should be paid by the Receivership Estate. <i>Attach additional pages as necessary.</i>			
2.	Claims Against Receivership Estate. List the amounts you claim are owed you by the Receivership Estate, along with the dates of each payment and the documentation supporting your claim.	Amount	Date	What documents are enclosed?
	First payment/amount claimed.			
	Second payment/amount claimed.			
	Third payment/amount claimed.			
	Fourth payment/amount claimed.			
	Fifth payment/amount claimed.			
	<i>Are additional sheets enclosed with more claims?</i>			Yes/No:
	Total amount claimed for non-investor debts.			
D.	Total Amount of Claim (investors and creditors).			
E.	Signatures of Claimant(s): <u>Important:</u> Filing this proof of claim shall constitute agreement that this claims			
	I/we do hereby declare under penalty of perjury that the above information is correct to the best of my/our knowledge and belief.			Date